

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2010

## Regal Palms Premier Assisted Living



<p>10:00-The church of Regal Palms:Rev. Jim Whiteside-PVR</p> <p>2:00-Scenic Bus Ride-SKYWAY BRIDGE</p> <p>2:00-Bingo-PVR</p> <p>3:00-Music with Ben-ICP</p> <p>7:00-Movie Ch.7</p>	<p>5 9:30-Resident Volunteers-AC</p> <p>10:00-Morning Stretch-PVR</p> <p>10:30-Pinocchio-BAL</p> <p>10:30-Water Color Painting w/ Jonell-AC</p> <p>11:00-Learn About Labor Day-LOB</p> <p>1:00-Tai Chi w/ Bonnie-AC</p> <p>1:30-Chair Massage-AC</p> <p>2:00-Bingo-PVR</p> <p>2:00-Apple Turnovers-AC</p> <p>2:30-Current Events Discussion-FP</p> <p>3:30-Bowling-PVR</p> <p>Labor Day</p>	<p>6 9:30-Resident Volunteers-AC</p> <p>10:00-Senior Exercise w/lan-PVR</p> <p>10:45-Regal Bell Choir-ICP</p> <p>11:15-Treasures of the Heart Singers-ICP</p> <p>2:00-Men's Social w/ Charlie and Trivia-ICP</p> <p>2:00-Movie Matinee-PVR</p> <p>3:00-New Resident Social w/ Family Feud-ICP</p> <p>Piano Music w/ Sharis</p> <p>6:30-Poker Club-BAL</p>	<p>7 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-Regal Bell Choir-ICP</p> <p>11:15-Treasures of the Heart Singers-ICP</p> <p>2:00-Men's Social w/ Charlie and Trivia-ICP</p> <p>2:00-Movie Matinee-PVR</p> <p>3:00-New Resident Social w/ Family Feud-ICP</p> <p>Piano Music w/ Sharis</p> <p>6:30-Poker Club-BAL</p>	<p>8 9:30-Resident Volunteers-AC</p> <p>10:00-Seated Exercise w/lan-PVR</p> <p>10:30-Pinocchio</p> <p>10:45-Putt Put Golf-PVR</p> <p>11:15-Brain Teasers-ICP</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-Bingo-PVR</p> <p>2:00-Play 99-FP</p> <p>3:00-Food Chat w/ Damien-PDR</p> <p>5:00-Piano Music-LOB</p>	<p>8 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:30-Rummikub-BAL</p> <p>10:45-Make Your Point-AC</p> <p>11:15-Mens Sports Trivia and Facts-ICP</p> <p>12:30-Depart for Big Band Music-\$pp</p> <p>Largo Community Center</p> <p>3:00-Balloon Volleyball-PVR</p> <p>5:45-Piano Music w/Rich-LOB</p>	<p>9 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:30-Rummikub-BAL</p> <p>10:45-Make Your Point-AC</p> <p>11:15-Mens Sports Trivia and Facts-ICP</p> <p>12:30-Depart for Big Band Music-\$pp</p> <p>Largo Community Center</p> <p>3:00-Balloon Volleyball-PVR</p> <p>5:45-Piano Music w/Rich-LOB</p>	<p>9 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:30-Rummikub-BAL</p> <p>10:45-Make Your Point-AC</p> <p>11:15-Mens Sports Trivia and Facts-ICP</p> <p>12:30-Depart for Big Band Music-\$pp</p> <p>Largo Community Center</p> <p>3:00-Balloon Volleyball-PVR</p> <p>5:45-Piano Music w/Rich-LOB</p>	<p>10 8:30-Men's Morning Discussion</p> <p>9:30-Resident Volunteers-AC</p> <p>10:00-Drum Circle Exercise-PVR</p> <p>10:30-Pretty Nails and Ladies Current Events-AC</p> <p>2:00-Wacky Afternoon w/ Safari San-PVR</p> <p>3:30-Bowling-PVR</p> <p>3:30-Play 99-FP</p>	<p>10 8:30-Men's Morning Discussion</p> <p>9:30-Resident Volunteers-AC</p> <p>10:00-Drum Circle Exercise-PVR</p> <p>10:30-Pretty Nails and Ladies Current Events-AC</p> <p>2:00-Wacky Afternoon w/ Safari San-PVR</p> <p>3:30-Bowling-PVR</p> <p>3:30-Play 99-FP</p>	<p>11 9:15-Palms of Largo Veterans Club "The Valiant Veterans" presents a 9/11 Memorial Event: ROYAL PALMS</p> <p>10:00-Morning Exercise-PVR</p> <p>10:30-Flight 93 Movie-PVR</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-BINGO-PVR</p> <p>3:30-Chicken Soup for the Soul Discussion-ICP</p> <p>6:30-Poker Club-BAL</p>	<p>11 9:15-Palms of Largo Veterans Club "The Valiant Veterans" presents a 9/11 Memorial Event: ROYAL PALMS</p> <p>10:00-Morning Exercise-PVR</p> <p>10:30-Flight 93 Movie-PVR</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-BINGO-PVR</p> <p>3:30-Chicken Soup for the Soul Discussion-ICP</p> <p>6:30-Poker Club-BAL</p>	<p>12 9:00-Grandparents Day Begins</p> <p>10:00-The Church of Regal Palms-Rev. James Whiteside</p> <p>11:30-Grandparents Day Buffet</p> <p>2:00-Family Bingo-PVR</p> <p>PICTURE DAY</p> <p>7:00-Movie Ch.7</p> <p>Grandparents Day</p>	<p>12 9:00-Grandparents Day Begins</p> <p>10:00-The Church of Regal Palms-Rev. James Whiteside</p> <p>11:30-Grandparents Day Buffet</p> <p>2:00-Family Bingo-PVR</p> <p>PICTURE DAY</p> <p>7:00-Movie Ch.7</p> <p>Grandparents Day</p>	<p>13 Regal Music Festival Day</p> <p>10:00-Karaoke Exercise-PVR</p> <p>10:45-Regal Bell Choir Performs</p> <p>11:00-Resident talent showcase</p> <p>2:00-The Regal Music Festival</p> <p>2:20-Fiona Frensch-PVR</p> <p>2:45-3:15-Mr. Spaghetti-PVR</p> <p>3:45-Bowling-PVR</p>	<p>14 Career Day</p> <p>10:00-Heart Smart Exercise w/lan-AC</p> <p>11:00-Career Forum-Speakers and a Discussion-PVR</p> <p>2:00-Regal Progressive Party begins on the first floor</p> <p>3:15-Musical Charades-ICP</p> <p>3:30-Smoothies and Music by Sharis-LOB</p> <p>6:30-Poker Night-BAL</p>	<p>15 Entertainment</p> <p>Dementia Resource Fair 10-2</p> <p>10:00-Cheer Up Exercise-AC</p> <p>10:30-HOLLYWOOD MOVIE Gameshow-AC</p> <p>1:15-Name that Movie Star-AC</p> <p>2:00-Mixed Up Bingo-AC</p> <p>3:30-Martin Hour-ICP</p> <p>6:45-Opening Night at the Movies-Red Carpet Party and Viewing of Gone with the Wind</p>	<p>16 A Taste of Regal</p> <p>7:30-Dollar Donuts for Charity</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-The Battle of the Pans</p> <p>Food Challenge Michael vs. Damien-French toast-PVR</p> <p>10:45-Catholic Communion-AC</p> <p>2:00-1 Taste Of Regal Food and Wine-Tasting-LOB</p> <p>3:30-Family Feud-ICP</p> <p>5:45-Piano Music w/ Rich-LOB</p> <p>Resh Hashanah</p>	<p>16 A Taste of Regal</p> <p>7:30-Dollar Donuts for Charity</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-The Battle of the Pans</p> <p>Food Challenge Michael vs. Damien-French toast-PVR</p> <p>10:45-Catholic Communion-AC</p> <p>2:00-1 Taste Of Regal Food and Wine-Tasting-LOB</p> <p>3:30-Family Feud-ICP</p> <p>5:45-Piano Music w/ Rich-LOB</p> <p>Resh Hashanah</p>	<p>17 Staff Appreciation</p> <p>8:30-Men's Morning Discussion</p> <p>9:30-Resident Volunteers</p> <p>10:00-WHAT IS THE WII?-PVR</p> <p>10:30-Croquet-PVR</p> <p>11:00-PUTT PUTT Golf-PVR</p> <p>2:00-LET US Entertain YOU-A staff Variety Hour -PVR</p> <p>3:30-Staff and resident Bowling-PVR</p> <p>7:00-Turner Classic Movie-ICP</p>	<p>17 Staff Appreciation</p> <p>8:30-Men's Morning Discussion</p> <p>9:30-Resident Volunteers</p> <p>10:00-WHAT IS THE WII?-PVR</p> <p>10:30-Croquet-PVR</p> <p>11:00-PUTT PUTT Golf-PVR</p> <p>2:00-LET US Entertain YOU-A staff Variety Hour -PVR</p> <p>3:30-Staff and resident Bowling-PVR</p> <p>7:00-Turner Classic Movie-ICP</p>	<p>18 10:00-Chair Exercise-PVR</p> <p>10:30-Rummikub-BAL</p> <p>10:30-Project Pup Visits-LOB</p> <p>10:45-Indoor Bocce-PVR</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-BINGO-PVR</p> <p>3:15-Depart for St. Catherine's</p> <p>3:30-BUNCO/FARKEL-ICP</p> <p>6:30-Poker Club-BAL</p> <p>7:00-Movie Ch.96</p> <p>Yom Kippur</p>	<p>18 10:00-Chair Exercise-PVR</p> <p>10:30-Rummikub-BAL</p> <p>10:30-Project Pup Visits-LOB</p> <p>10:45-Indoor Bocce-PVR</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-BINGO-PVR</p> <p>3:15-Depart for St. Catherine's</p> <p>3:30-BUNCO/FARKEL-ICP</p> <p>6:30-Poker Club-BAL</p> <p>7:00-Movie Ch.96</p> <p>Yom Kippur</p>	<p>19 9:00-DEPART FOR THE CASINO</p> <p>9:30-Resident Volunteers-AC</p> <p>10:00-Morning Stretch-PVR</p> <p>10:30-Play the Wii-PVR</p> <p>10:30-Pinocchio-BAL</p> <p>11:00-Learn to Email-LIB</p> <p>1:00-Tai Chi w/ Bonnie-AC</p> <p>1:30-Chair Massage-AC</p> <p>2:00-Bingo-PVR</p> <p>3:30-Bowling-PVR</p>	<p>19 9:00-DEPART FOR THE CASINO</p> <p>9:30-Resident Volunteers-AC</p> <p>10:00-Morning Stretch-PVR</p> <p>10:30-Play the Wii-PVR</p> <p>10:30-Pinocchio-BAL</p> <p>11:00-Learn to Email-LIB</p> <p>1:00-Tai Chi w/ Bonnie-AC</p> <p>1:30-Chair Massage-AC</p> <p>2:00-Bingo-PVR</p> <p>3:30-Bowling-PVR</p>	<p>20 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-Regal Bell Choir-ICP</p> <p>11:15-Treasures of the Heart Singers-ICP</p> <p>2:00-Men's Social w/ Charlie and Trivia-ICP</p> <p>2:00-Movie Matinee-PVR</p> <p>3:30-Happy Hour and Press Your Luck-ICP</p> <p>Piano Music w/ Sharis</p> <p>6:30-Poker Club-BAL</p>	<p>20 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-Regal Bell Choir-ICP</p> <p>11:15-Treasures of the Heart Singers-ICP</p> <p>2:00-Men's Social w/ Charlie and Trivia-ICP</p> <p>2:00-Movie Matinee-PVR</p> <p>3:30-Happy Hour and Press Your Luck-ICP</p> <p>Piano Music w/ Sharis</p> <p>6:30-Poker Club-BAL</p>	<p>21 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-Regal Bell Choir-ICP</p> <p>11:15-Treasures of the Heart Singers-ICP</p> <p>2:00-Men's Social w/ Charlie and Trivia-ICP</p> <p>2:00-Movie Matinee-PVR</p> <p>3:30-Happy Hour and Press Your Luck-ICP</p> <p>Piano Music w/ Sharis</p> <p>6:30-Poker Club-BAL</p>	<p>21 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-Regal Bell Choir-ICP</p> <p>11:15-Treasures of the Heart Singers-ICP</p> <p>2:00-Men's Social w/ Charlie and Trivia-ICP</p> <p>2:00-Movie Matinee-PVR</p> <p>3:30-Happy Hour and Press Your Luck-ICP</p> <p>Piano Music w/ Sharis</p> <p>6:30-Poker Club-BAL</p>	<p>22 9:30-Resident Volunteers-AC</p> <p>10:00-Seated Exercise w/lan-PVR</p> <p>10:45-Paper Crafting w/ Yoneta-AC</p> <p>11:15-Brain Teasers-ICP</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-Bingo-AC</p> <p>2:00-Scenic Bus Ride</p> <p>3:30-Bowling-PVR</p> <p>5:00-Piano Music-LOB</p> <p>Bake Sale Lobby starting at 10am</p>	<p>22 9:30-Resident Volunteers-AC</p> <p>10:00-Seated Exercise w/lan-PVR</p> <p>10:45-Paper Crafting w/ Yoneta-AC</p> <p>11:15-Brain Teasers-ICP</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-Bingo-AC</p> <p>2:00-Scenic Bus Ride</p> <p>3:30-Bowling-PVR</p> <p>5:00-Piano Music-LOB</p> <p>Bake Sale Lobby starting at 10am</p>	<p>23 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-American History Facts-ICP</p> <p>10:45-Catholic Communion-PVR</p> <p>11:15-Mens Sports Trivia and Facts-ICP</p> <p>11:30-Red Hat Outing to Kally Ks</p> <p>2:00-BINGO-PVR</p> <p>3:30-Balloon Volleyball-PVR</p> <p>5:45-Piano Music w/Rich-LOB</p> <p>Rummage Sale in Lobby</p>	<p>23 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-American History Facts-ICP</p> <p>10:45-Catholic Communion-PVR</p> <p>11:15-Mens Sports Trivia and Facts-ICP</p> <p>11:30-Red Hat Outing to Kally Ks</p> <p>2:00-BINGO-PVR</p> <p>3:30-Balloon Volleyball-PVR</p> <p>5:45-Piano Music w/Rich-LOB</p> <p>Rummage Sale in Lobby</p>	<p>24 8:00-Men's Morning Discussion</p> <p>9:30-Resident Volunteers</p> <p>10:00-Seated Exercise w/Tara-PVR</p> <p>10:30-Make Apple Cake-AC</p> <p>2:00-Groovy Music with Kathy MacAbee-PVR</p> <p>3:30-Resident Bowling-PVR</p> <p>7:00-Turner Classic Movie-ICP</p>	<p>24 8:00-Men's Morning Discussion</p> <p>9:30-Resident Volunteers</p> <p>10:00-Seated Exercise w/Tara-PVR</p> <p>10:30-Make Apple Cake-AC</p> <p>2:00-Groovy Music with Kathy MacAbee-PVR</p> <p>3:30-Resident Bowling-PVR</p> <p>7:00-Turner Classic Movie-ICP</p>	<p>25 10:00-Chair Exercise-PVR</p> <p>10:30-Rummikub-BAL</p> <p>10:45-Indoor Bocce-PVR</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-BINGO-PVR</p> <p>3:15-Depart for St. Catherine's</p> <p>3:30-BIOGRAPHY AND POEMS BY SHEL SILVERSTEIN-ICP</p> <p>6:30-Poker Club-BAL</p> <p>7:00-Movie Ch.96</p>	<p>25 10:00-Chair Exercise-PVR</p> <p>10:30-Rummikub-BAL</p> <p>10:45-Indoor Bocce-PVR</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-BINGO-PVR</p> <p>3:15-Depart for St. Catherine's</p> <p>3:30-BIOGRAPHY AND POEMS BY SHEL SILVERSTEIN-ICP</p> <p>6:30-Poker Club-BAL</p> <p>7:00-Movie Ch.96</p>	<p>26 10:00-The church of Regal Palms:Rev. James Whiteside-PVR</p> <p>12:00-Depart for Rays Game \$20pp</p> <p>2:00-Bingo-AC</p> <p>2:00-Movie Matinee-PVR</p> <p>3:30-BIOGRAPHY:GEORGE GERSHWIN-ICP</p>	<p>26 10:00-The church of Regal Palms:Rev. James Whiteside-PVR</p> <p>12:00-Depart for Rays Game \$20pp</p> <p>2:00-Bingo-AC</p> <p>2:00-Movie Matinee-PVR</p> <p>3:30-BIOGRAPHY:GEORGE GERSHWIN-ICP</p>	<p>27 9:30-Resident Volunteers-AC</p> <p>10:15-Balloon Volleyball Tournament</p> <p>Regal Palms vs. Mease Manor</p> <p>1:00-Tai Chi w/ Bonnie-AC</p> <p>1:30-Chair Massage-AC</p> <p>2:00-Bingo-PVR</p> <p>3:00-New Resident Social and Mixed Up Game Show-ICP</p> <p>3:30-Bowling-PVR</p>	<p>27 9:30-Resident Volunteers-AC</p> <p>10:15-Balloon Volleyball Tournament</p> <p>Regal Palms vs. Mease Manor</p> <p>1:00-Tai Chi w/ Bonnie-AC</p> <p>1:30-Chair Massage-AC</p> <p>2:00-Bingo-PVR</p> <p>3:00-New Resident Social and Mixed Up Game Show-ICP</p> <p>3:30-Bowling-PVR</p>	<p>28 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-Regal Bell Choir-ICP</p> <p>11:15-NAME THAT TUNE-ICP</p> <p>2:00-Men's Social w/Charlie-ICP</p> <p>2:00-Movie Matinee-PVR</p> <p>3:00-New Resident Social and Mixed Up Game Show-ICP</p> <p>Piano Music w/ Sharis</p> <p>6:30-POKER CLUB-BAL</p>	<p>28 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-Regal Bell Choir-ICP</p> <p>11:15-NAME THAT TUNE-ICP</p> <p>2:00-Men's Social w/Charlie-ICP</p> <p>2:00-Movie Matinee-PVR</p> <p>3:00-New Resident Social and Mixed Up Game Show-ICP</p> <p>Piano Music w/ Sharis</p> <p>6:30-POKER CLUB-BAL</p>	<p>29 9:30-Resident Volunteers-AC</p> <p>10:00-Seated Exercise w/lan-PVR</p> <p>10:45-Paper Crafting w/ Yoneta-AC</p> <p>11:15-Brain Teasers-ICP</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-Bingo-PVR</p> <p>2:00-Skip Bo-ICP</p> <p>2:30-Golf Cart Tour of the Palms</p> <p>3:30-Bowling-PVR</p> <p>5:00-Piano Music-LOB</p> <p>Autumn Begins</p>	<p>29 9:30-Resident Volunteers-AC</p> <p>10:00-Seated Exercise w/lan-PVR</p> <p>10:45-Paper Crafting w/ Yoneta-AC</p> <p>11:15-Brain Teasers-ICP</p> <p>1:15-Bridge Group-BAL</p> <p>2:00-Bingo-PVR</p> <p>2:00-Skip Bo-ICP</p> <p>2:30-Golf Cart Tour of the Palms</p> <p>3:30-Bowling-PVR</p> <p>5:00-Piano Music-LOB</p> <p>Autumn Begins</p>	<p>30 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-World News from Around the World-ICP</p> <p>10:45-Catholic Communion-PVR</p> <p>11:15-Mens Sports Trivia and Facts-ICP</p> <p>2:00-BINGO-PVR</p> <p>2:00-World Religion Discussion-Judaism</p> <p>3:30-Balloon Volleyball-PVR</p> <p>4:00-Supper Club to SALT ROCK GRILL</p> <p>5:45-Piano Music w/Rich-LOB</p>	<p>30 9:30-Resident Volunteers-AC</p> <p>10:00-Heart Smart Exercise w/lan-PVR</p> <p>10:45-World News from Around the World-ICP</p> <p>10:45-Catholic Communion-PVR</p> <p>11:15-Mens Sports Trivia and Facts-ICP</p> <p>2:00-BINGO-PVR</p> <p>2:00-World Religion Discussion-Judaism</p> <p>3:30-Balloon Volleyball-PVR</p> <p>4:00-Supper Club to SALT ROCK GRILL</p> <p>5:45-Piano Music w/Rich-LOB</p>
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Activity Calendar Key: Activity Calendar-AC, Palm View Room-PVR, Ice Cream Parlor-ICP, Lobby-LOB, Balcony second floor-BAL/ All Activities are subject to change