

“Our Place™”

March 2010

300 Lake Avenue NE Largo, Florida 33771 727. 437.1350 ALF#9570



Celebrating March

Happy Birthday

“Our Place™” Residents

Ricky Corn ~ 6th
Charlotte Bates ~ 15th
Mary Lewis ~ 15th
June Kromer ~ 26th
Margie Kimball ~ 27th
Sally Henry ~ 28th
Mary Lou Clark ~ 29th

Happy Birthday

“Our Place™” Staff

Mike O’Malley ~ 3rd (Nursing)
Melanie Robinson ~ 5th (Nursing)
Jay Zambrano ~ 7th (Nursing)
Belinda Cheney ~ 14th (Nursing)
Laura Landin ~ 18th (Nursing)
Suzanne Wolfe ~ 23rd (Activities)
Barbi Brothers ~ 28th (Nursing)

Regal Palms Leadership Team

Executive Director

Michael Barody

Director of Nursing

June A. Sharp, RN

Environmental Services Director

Jim Lorenzen

Resident Services Director

Linda J. Sclafani

Dining Services Director

Damion L. Pici

Our Place™ Program Coordinator

Tammy M. Dunlap

Lifestyle Director

Tara M. Lanzer

Assistant Director of Nursing

Belinda Cheney, LPN



“Our Place™” Sweethearts 2010

***Florence and Roland
Flinton***



It all started way back in 1939...Roland Carter Flinton was a handsome soldier in the United States Army. While home on leave, he was having lunch at his favorite restaurant, Osmund Café in Lynn, Massachusetts when a friend said “I have a kid sister in Maine I want you to meet.” He stated his first thought was “Uh oh, here we go!” That thought soon changed when he laid eyes on the young and beautiful Florence Margaret Barnham. Now he was thinking “WOW!” Miss Barnham already had a beau, but that relationship ended because Roland stole her heart. After dating for a year and a half, they decided to get married while Roland had a twenty-four hour pass. The owner of the Osmund Café had a friend who was a minister at a Baptist Church. So on December 20, 1941 Roland and Florence became Mr. and Mrs. The quaint reception was held in none other than the Osmund Café! Because Roland had to return to Ft. Devens early the next morning, they had a “one night honeymoon!” Florence states “I wrote him a letter everyday while he was away fighting for our country in World War II.” Upon his return, they built a family together. They have a son, Arthur, who lives in Utah, and a daughter, Patricia, who lives in Florida. They also have five grandchildren and ten great-grandchildren. Roland and Florence share a passion for travel having been to Germany, Switzerland, England, France, Paris, and Scotland, as well as many states. They also enjoy playing cards and dancing.

They say the secrets to staying happily married are “doing stuff together” and “being attracted to each other after all these years.”

As for life at Regal Palms...Roland and Florence agreed that they can sum it up in two words...“LOVE IT!”

Thank you Roland and Florence for sharing your story with us.

"Caring by Sharing" Volunteer's needed

We are looking for volunteers to join our activity team. If you or someone you know would like to be a volunteer at The Palms of Largo, please contact Jeni Coticchio, Executive Director of the Caregivers Support Network for more information. Her direct line is 727-437-1639 or you can reach her at jcoticchio@thegoodmangroup.com.

As a volunteer, you will be assisting the activity staff with programs, socials and outings. You will have the opportunity to spend quality one-on-one time with our residents playing cards, letter writing, chatting on the porch or just being there. There are hundreds of ways a volunteer can make our residents happy, and at the same time, you will feel like a million bucks! So don't delay, join our winning team. Share your ideas and time with us. We look forward to your team spirit!



Alzheimer's Support Group Meeting

In lieu of our regular monthly support group, Regal Palms will be hosting a Caregivers Education Series presented by Alzheimer's Association Florida Gulf Coast Chapter.

Thursday, March 4th @ 2:00 - 3:30 p.m.

"Legal Issues, Asset Planning - What you need to know!"

April Hill, Elder Law Attorney

Thursday, March 11th @ 2:00 - 3:30 p.m.

"Alzheimer's Basic Course for Caregivers"

Thursday, March 18th @ 2:00 - 3:30 p.m.

"Caregiver Stress and Therapies"

Thursday, March 25th 2:00 - 3:30 p.m.

"Clinical Trials - What are they and how do they help?"

Dr. Margarita Nunez, MD

RSVP to 727-437-1634 Refreshments served

Gluten Intolerance Support Group

Saturday, March 6 * 10:00 a.m. ~ Cypress Palms

Light lunch served/RSVP to 437-1639

Parkinson Support Group

Tuesday, March 16 * 12:00 p.m. ~ Cypress Palms

Light lunch served/RSVP to 437-1639

Alzheimer's Support Group

Thursday, March 18 * 11:00 a.m. ~ Cypress Palms

Light brunch served/RSVP to 437-1639

Arthritis Support Group

Tuesday, March 23 * 12:00 p.m. ~ Cypress Palms

Light lunch served/RSVP to 437-1639



PREMIER INDEPENDENT & ASSISTED LIVING

In the heart of Pinellas County

**300 Lake Avenue NE
Largo, Florida 33771**

Happy St Patrick's Day